



Course Title: Nursing Assistant Theory & Lab
Course #: NRS 101-1/2

Credit Hours: 5
Semester: Spring 2022
Cap: 10

Faculty: Rachel Pacheco, RN

E-mail: rpacheco@navajotech.edu

Office: Nursing Bldg.

Office Phone: 505-697-8658 (cell#)

Office Hours: 9:00am – 6:00pm via email, text, face-to-face by appt.

Preferred Communication: Email, text, will respond same day or within 24 hrs.

Modality: Face-to-Face on Campus

Class Location/Meeting Times: Nsg. Classroom #1, Tuesday/Thursday, 9:30am – 12:30pm
(subject to change due to inclement weather)

Required Materials:

Textbooks: Mosby's Textbook for Long-Term Care Nursing Assistants, 8th Ed. Claire Kostelnick.
Workbook for Mosby's textbook for Long-Term Care Nursing Assistants.

Tools: Navy-blue scrubs, white shoes, watch with second hand, NTU ID badge, stethoscope, gait belt, black pen, sm. notebook (pocket size), CPR Mouthpiece

Lab Fee: Refer to NTU catalog

Mission, Vision, and Philosophy

Mission: Navajo Technical University honors Diné culture and language, while educating for the future.

Vision: Navajo Technical University provides an excellent educational experience in a supportive, culturally diverse environment, enabling all community members to grow intellectually, culturally, and economically.

Philosophy: Through the teachings of Nitsáhákees (thinking), Nahátá (planning), Íina (implementing), and Siihasin (reflection), students acquire quality education in diverse fields, while preserving cultural values and gaining economic opportunities.

Course Description

The course provides a comprehensive education and training that prepares students to understand how health care systems operate and will learn the skills necessary to function safely and efficiently in a health care setting. The information and practical skills taught to the students is a requirement in taking and passing the state certification exam.

Pre-requisite: demonstration of 8th grade reading ability, completion of NRS 103 and NRS 110 and GPA 2.00 or higher.

Course Outcomes	Course Assessments
Functions as a member of the health care team within the health care facility and/or in the community	Written test 76% accuracy
Demonstrates ethical & legal behavior that maintains resident's rights	Written test 76% accuracy
Assists in identifying the mental health & social service needs of residents & patients	Written test 76% accuracy
Demonstrate effective communication	Observation
Maintain a safe environment for the resident & others	Written test 76% accuracy; Demonstration/return demonstration
Demonstrates general principles of infection control	Written test 76% accuracy
Provides basic emergency care	Current CPR
Applies the principles of basic nutrition to resident care	Demonstration/return demonstration
Provides the patient/resident with personal care & grooming	Demonstration/return demonstration
Measure vital signs	90% accuracy in skills
Demonstrates safe transfers, positioning & turning of residents using effective body mechanics	Demonstration/return demonstration
Care for cognitively impaired residents/patients	Written test 76% accuracy
Identifies the function, structure, common health problems & normal aging changes of the major body systems	Written test 76% accuracy
Provides for comfort, safety & ensure privacy	Demonstration/return demonstration
Provides care for the peri-operative resident and/or resident with special needs	Written test 76% accuracy
Assists in Admission/Transfer/Discharge of the resident	Written test 76% accuracy
Provides care for residents & family when death is imminent	Written test 76% accuracy

Course Activities: Refer to Course Schedule

Grading Plan

Homework (Workbook): 4%
Unit Tests: 60%
Attendance/Participation: 1%
Skills Exam: 5%
Final Exam: 30%

A = 100-93%
B = 92-84%
C = 83-76%
D = 75-65%
F = 64% or less

Grading Policy

Program completion requires a grade of "C" or better in NRS 101 and a grade of Pass in NRS 102. In order to receive a passing grade in NRS 101, the student must receive an average exam score of 76% or higher and a grade of 76% or higher on a comprehensive final exam.

Students who are unable to take an examination on the scheduled date must take a make-up examination by the next class period (must be arranged with the instructor). The highest grade that may be earned for a make-up examination is 80%.

Students who do not achieve a score of 76% on the final will be permitted to take a second, different comprehensive final exam.

The final course grade will not be rounded up to create a passing grade. There is no rounding of grades.

The student must make a grade of “C” or higher and must have a complete clinical document file to be eligible to go to NRS 102. The grade includes tests, current on workbook completion, and midterm skills exam.

In order to receive a passing grade in NRS 102, the student must complete 40 hours of clinical practice and demonstrate safe, correct performance of skills. In addition, the student must demonstrate professional behavior and comply with the policies of the university and the clinical facility.

Students who do not receive at least a “C” in NRS 101 and a grade of Pass in NRS 102 are not eligible to apply for certification as a Nursing Assistant.

Students must do their own work. Cheating and plagiarism are strictly forbidden. Cheating includes (but is not limited to) plagiarism, submission of work that is not one's own, submission or use of falsified data, unauthorized access to exams or assignments, use of unauthorized material during an exam, or supplying or communicating unauthorized information for assignments or exams.

Participation

Students are expected to attend and participate in all class activities. Points will be given to students who actively participate in class activities including guest speakers, field trips, laboratories, and all other classroom events.

Cell phone and headphone use

Please turn cell phones off **before** coming to class. Cell phone courtesy is essential to quality classroom learning. Headphones must be removed before coming to class.

Attendance Policy

Students are expected to attend all class sessions. A percentage of the student's grade will be based on class attendance and participation. Absence from class, regardless of the reason, does not relieve the student of responsibility to complete all course work by required deadlines. Furthermore, it is the student's responsibility to obtain notes, handouts, and any other information covered when absent from class and to arrange to make up any in-class assignments or tests if permitted by the instructor. Incomplete or missing assignments will necessarily affect the student's grades. Instructors will report excessive and/or unexplained absences to the Counseling Department for investigation and potential intervention. **Instructors may drop students from the class after three (3) absences unless prior arrangements are made with the instructor to make up work and the instructor deems any excuse acceptable.**

Study Time Outside of Class for Face-to-Face Courses

For every credit hour in class, a student is expected to spend two hours outside of class studying course materials. NRS 101 is a 5 credit course, so study time outside of class is 10 hrs.

Academic Integrity

Integrity (honesty) is expected of every student in all academic work. The guiding principle of academic integrity is that a student's submitted work must be the student's own. Students who engage in academic dishonesty diminish their education and bring discredit to the University community. Avoid situations likely to compromise academic integrity such as: cheating, facilitating academic dishonesty, and plagiarism; modifying academic work to obtain additional credit in the same class unless approved in advance by the instructor, failure to observe rules of academic integrity established by the instructor. The use of another person's ideas or work claimed as your own without acknowledging the original source is known as plagiarism and is prohibited.

Diné Philosophy of Education

The Diné Philosophy of Education (DPE) is incorporated into every class for students to become aware of and to understand the significance of the four Diné philosophical elements, including its affiliation with the four directions, four sacred mountains, the four set of thought processes and so forth: Nitsáhákees, Nahát'á, Íina and Siih Hasin which are essential and relevant to self-identity, respect and wisdom to achieve career goals successfully.

At NTU's Zuni Campus, the A:shiwí Philosophy of Education offers essential elements for helping students develop Indigenous and Western understandings. Yam de bena: dap haydoshna: akkya hon detsemak a:wannikwa da: hon de:tsemak a:ts'umme. *Our language and ceremonies allow our people to maintain strength and knowledge.* A:shiwí core values of hon i:yyułashik'yanna:wa (respect), hon delank'oha:willa:wa (kindness and empathy), hon i:yyayumola:wa (honesty and trustworthiness), and hon kohoł lewuna:wediyahnan, wan hon kela i:tsemanna (think critically) are central to attaining strength and knowledge. They help learners develop positive self-identity, respect, kindness, and critical thinking skills to achieve life goals successfully.

Students with Disabilities

Navajo Technical University is committed to serving all students in a non-discriminatory and accommodating manner. Any student who feels that she or he may need special accommodations should contact the Accommodations Office (<http://www.navajotech.edu/student-services#accomodations-services>) in accordance with the university's Disability Accommodations Policy (see http://www.navajotech.edu/images/about/policiesDocs/Disability_Exhibit-A_6-26-2018.pdf).

Email Address

Students are required to use NTU's email address for all communications with faculty and staff.

Final Exam Date: May 12, 2022